

Adherence Support

Menu



▢ Daily Text Message

Once a day, we will send you an automated text message to help remind you to use your study product. You will choose from several message options.



▢ Weekly Check-In

▢ **Via Text Message** – once per week, you will receive an automated text message asking if you are OK. You will be expected to respond “OK” or “not OK”. If you don’t respond within 24 hours, a second message will be sent. If you respond “not OK”, a study team member will call you.

▢ **Via Phone Call** – once per week, you will receive a phone call from a study team member asking if you are OK. Based on your personal preference, they will leave a voice message or not.

▢ Peer Buddy

We will connect you with another participant who is also interested in having an adherence buddy. We will help you and your “buddy” develop a plan to support each other’s adherence.



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▢ Additional Counseling Visits

We will provide you with additional in-person counseling visits to discuss adherence in between regularly scheduled study visits.

▢ Adherence Support Groups

▢ **In-person groups** – we will arrange support groups for participants who would like to meet regularly to discuss the study, the pills or the ring, as well as other issues going on in their lives. A study team member will facilitate the group.

▢ **Online groups** – we will arrange secure, online support groups via apps, such as WhatsApp, on which participants can communicate with each other to discuss the study, the pills or the ring, as well as other issues going on in their lives. A study team member will facilitate the online group.

▢ Something Else

Can you think of another way that we can support you to use the study drugs as prescribed? Please let us know!

