

Pregnant Woman by Cuth

IMPAACT 2009 Different Pieces of the Puzzle

Lynda Stranix-Chibanda for the protocol team 25 September 2018, Cape Town



HIV Prevention Puzzle –

How to prevent new HIV infections?





Prevention Scientific Committee

- HIV prevention strategies that are
 - Effective
 - Safe
 - Throughout the life-course
 - Don't jeopardise treatment
 - Global scale
 - Variety of health settings
- We don't have all the pieces

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https://impaactnetwork.org/

Many pieces in place for infants

 70% reduction in new child infections since 2000 due to life-long ART for women



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2018 HIV Estimates: UNAIDS/WHO/UNICEF database

Many pieces in place for infants





1° prevention in pregnancy





The pieces we *do* have

- 6-29% reproductive years spent pregnant and breastfeeding
- Substantial risk of new HIV infection
 - Incidence 5.37 / 100py
- Peaks in late pregnancy
- Increased risk per act
 vs. non-pregnant state
 4.97 (95%CI 2.95, 8.38)

Acquisition of HIV Among 2751 African Women With HIV-Infected Male Partners, by Reproductive Stage

Reproductive Stage	HIV Seroconversion, Cases/Person-Years	HIV Incidence, Cases/100 Person-Years (95% CI)
Overall	82/5069	1.62 (1.29, 2.01)
Nonpregnant/postpartum periods	58/4622	1.25 (0.95, 1.62)
Early pregnancy through postpartum period	24/447	5.37 (3.44, 7.99)
Early pregnancy	5/133	3.75 (1.22, 8.75)
Late pregnancy	13/185	7.02 (3.74, 12.01)
Postpartum period	6/128	4.68 (1.72, 10.18)



• Mothers are young

Adolescent birth rate 109/1000 women aged 15-19yrs

Adolescent birth rate per 1,000 girls aged 15-19, 2006-2015







- Women aged 15-24 years make up 19% of new HIV infections
 - Sub Saharan Africa bears the greatest burden



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- Adolescent and young women face particular challenges
 - Accessing health care
 - HIV services
 - Sexual reproductive health services
 - Gender based violence
 - Unplanned pregnancy
 - Pregnancy complications

The pieces we *do* have

- PrEP is effective in this population
- May need specific support to adhere to medication
 - PrEP
 - ART

AIDS Behav (2013) 17:2143–215.
DOI 10.1007/s10461-013-0429-9

Adherence Support Approaches in Biomedical HIV Prevention Trials: Experiences, Insights and Future Directions from Four Multisite Prevention Trials

K. Rivet Amico · Leila E. Mansoor · Amy Corneli · Kristine Torjesen · Ariane van der Straten

– Oral tablets

Other product formulations

Daily and non-daily pre-exposure prophylaxis in African women (HPTN 067/ADAPT Cape Town Trial): a randomised, open-label, phase 2 trial

Linda-Gail Bekker, Surita Roux, Elaine Sebastien, Ntanda Yola, K Rivet Amico, James P Hughes, Mark A Marzinke, Craig W Hendrix, Peter L Anderson, Vanessa Elharrat, Michael Stirratt, James F Rooney, Estelle Piwowar-Manning, Susan H Eshleman, Laura McKinstry, Maaji Li, Bonnie J Dye, Robert M Grant, on behalf of the HPTN 067 (ADAPT) study team



Months since Randomization

Amico, AIDS and Behav 2013; Bekker, The Lancet HIV 2018 – ADAPT; Baeten, NEJM 2016 - ASPIRE

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The pieces we *do* have

- Tenofovir/Emtricitabine safety profile in pregnancy established
 - HIV
 - Hepatitis B
- Pharmacology studied
 - HIV-infected women (pregnant and non-pregnant)
 - HIV-exposed infants
 - HIV-uninfected men
 - HIV-uninfected non-pregnant women in the US





Based on the available safety data, WHO considers that PrEP should not be discontinued during pregnancy and breastfeeding for women who continue to be at substantial risk of HIV infection. PrEP can also be considered as an additional prevention choice for HIV-negative pregnant women who are at substantial of HIV infection, as part of a comprehensive PMTCT package.

World Health Organization (WHO) TECHNICAL BRIEF: Preventing HIV during pregnancy and breastfeeding in the context of PrEP, 2017 11

More safety data needed

- Adverse pregnancy outcomes
- Effects of *in utero* and breastmilk ARV exposure on infant bone development and growth
- Effects of TDF use on maternal bone mineral density
- Adolescents will require more adherence support and enhanced comprehensive SRH information

World Health Organization (WHO) TECHNICAL BRIEF: Preventing HIV during pregnancy and breastfeeding in the context of PrEP, 2017 13

Now to put them all together for pregnant women



IMPAACT 2009

Pharmacokinetics, Feasibility, Acceptability, and Safety of Oral Pre-**Exposure Prophylaxis for Primary HIV** Minself Cliffical Mars Boy CC2 Show NCT033865 83 Reim 2005 Himpaace an Radio State of the State **Prevention during Pregnancy and** Breast Feeding in Adolescents and **Young Women**

MPAACT rnational Maternal Pediatric Adolescent AIDS Clinical Trials Network



Acknowledgements

Protocol Team

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What will 2009 add to current knowledge?

- At this time of particular risk for new HIV infection in young women
 - PK in pregnancy
 - Deeper understanding of adherence
 - Safety information to inform the risk:benefit ratio



IMPAACT 2009 Study Sites





Mother and Child by Colleen Madamombe





Pharmacokinetic (PK) Component

by Cuth



PK Component Procedures

- 12 weeks of PK monitoring, with weekly DBS specimens for drug levels
 - Followed by an observational period to 6 weeks postpartum
- Intensive monitoring of drug adherence
 - This may include
 - directly observed therapy (DOT) at the clinic,
 - DOT at the home, via community health workers, or
 - "real-time" video-based monitoring via smartphone, tablet, or computer.





PK Component Outcome

- Concentration of tenofovir diphosphate (TFV-DP) associated with adequate adherence to TDF/FTC among women observed ingesting daily oral PrEP during pregnancy and postpartum.
- Compare TFV-DP concentrations pre- and post-delivery



PrEP Comparison Component

Pregnant Woman by Cuth



Study Design

- Observational cohort study for HIV-uninfected healthy pregnant women aged 16-24 years with EGA <32 weeks
 - 200 pregnant women who choose PrEP
 - 100 pregnant women who decline PrEP
- Followed ~monthly in pregnancy, at L&D, then weeks 6, 14 and 26 postdelivery
 - Acceptability
 - Adherence
 - Safety

Adherence Intervention

- *integrated Next Step Counseling (iNSC).*
 - All maternal participants in both cohorts.
- Drug level monitoring with feedback.
 - Starting at Week 4 visit
- SMS Adherence Support.
 - 1-way personalized stage-based messages to support maternal and child healthcare (e.g. MAMA platform); <u>also</u> receive weekly 2-way text messages that provide general adherence support (i.e., "are you doing OK?").



Primary Objectives

- To characterize PrEP adherence among HIVuninfected women aged 16-24 years who initiate once-daily TDF/FTC in pregnancy
- To compare maternal and infant adverse events (including pregnancy outcomes) between women who initiate PrEP and those who decline PrEP

Secondary Objectives

- To identify individual, social, and structural barriers and facilitators to PrEP uptake during pregnancy
- To compare between the PrEP and non-PrEP cohorts:
 - Reported sexual risk behavior and incidence of STIs
 - HIV incidence
 - HIV drug resistance among HIV-infected mothers and infants

Outcome measures

Primary Outcome Measures – PrEP Comparison Component		
Objective	Outcome Measures	
2.3.1	PrEP adherence: TFV-DP drug concentration level in Dried Blood Spots (DBS)	
2.3.2 🎬	Maternal Adverse Events:	
	 Maternal Grade 3 or higher adverse events (signs, symptoms, labs, and diagnoses) 	
	 Maternal Grade 2 or higher chemistry abnormalities 	
2.3.2	Adverse Pregnancy Outcomes:	
- Sin	Composite outcome of	
	 Spontaneous abortion (occurring at <20 weeks gestation) 	
	 Stillbirth (occurring at ≥20 weeks gestation) 	
(STA)	 Preterm delivery (<37 completed weeks' gestation) 	
CHERT CHERT	 Small for gestational age (<10th percentile using WHO norms for weight-for-age and 	
	ultrasound derived gestational age at delivery)	
	Infant Safety:	
	 Infant death within the first 26 weeks of life 	
	 Infant Grade 3 or higher adverse events (signs, symptoms, labs, diagnoses) reported 	
	between birth and exit	
	 Infant bone mineral content based on DXA scan of the whole body (WB-BMC) at birth and 	
	lumbar spine (LS-BMC) at birth and 26 weeks postpartum	
	 Infant creatinine and CrCl rate at birth and 26 weeks postpartum 	
	 Infant length for age z-score at birth and exit 	



- Similar overarching goal to prevent HIV acquisition among pregnant and breastfeeding women in SSA
- Different agents being evaluated
- Slightly different approach and focus
- Opportunity to exchange ideas and experience





Thank you Tatenda





BENHURA