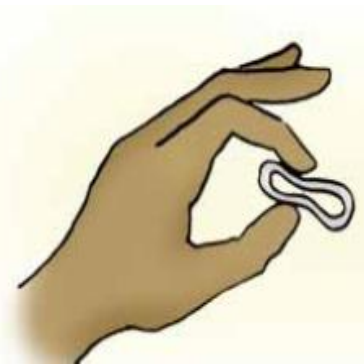


Yintoni injongo yophando luka HOPE? Eyona njongo iphambili yophando lukaHOPE kukunika abathathi nxaxheba ilungelo elikhawulezileyo kwekhuselekileyo nesebenzayo iringi yedapivirine yelungu lobufazi (“iringi”) njengengxenywe yokhuselo kwiHIV. Sifuna ukwazi ukuba kutheni abathathi-nxaxheba bangakhetha iringi njengohlobo lwesikhuseli kwiHIV okanye hayi, kwaye apho ukhetho lutshintsha maxesha onke.

Wahluke njani u-HOPE ku-ASPIRE?	
ASPIRE	HOPE
Injongo: Ukuqinisekisa ukuba ngaba i-iringi ibisebenza kwaye ikhuselekile na kukhuselo lwe-HIV.	Injongo: Ukuqonda ukuba abafazi bangayisebenzisa i-iringi, xa belinikiwe ithuba.
Kuhlolwe ukhuselo lwe-iringi	Siyazi ukuba i-iringi ikhuselekile kakhulu
Kuhlolwe ukuba i-iringi ingalukhuselo usulelo lwe-HIV	Siyazi ukuba i-iringi ingalinciphisa ithuba lomfazi lolosuleleko yi-HIV
Ingxenywe yafumana ii-iringi enechiza lophando enye ingxenywe yafumana ii-iringi ezingenalo ichiza lophando	Zonke ii-iringi ziqulathe ichiza lophando
Bonke abathathi-nxaxheba bekufanele bavume ukusebenzisa i-iringi	Ukusebenzisa i-iringi lukhetho lomthathi-nxaxheba ngamnye
...	...

Lilonke uthi abafazi banako ukukhetha ukusebenzisa i-iringi ku-HOPE? Ewe. Abafazi bangalungenela uphando nokuba bayayikhetha okanye abayikhethi i-iringi njengendlela yokukhusela i-HIV. Bonke abathathi-nxaxheba bafumana inzuzo efanayo kuthatho-nxaxheba lophando, ngaphandle kokukhetha i-iringi. Kuba umthathi-nxaxheba enokukhetha, sicela ukuba abathathi-nxaxheba bathathe i-iringi kuphela ukuba bafuna ukuyisebenzisa. Abathathi-nxaxheba bangatshintsha ingqondo ngokusebenzisa i-iringi ngokuqhubekeka kophando.



Ukuba u-ASPIRE ubonise ukuba i-iringi ikhuselekile kwaye iyasebenzisa, kutheni ninika abathathi-nxaxheba baka-HOPE ukukhetha ukungayisebenzisi i-iringi? U-HOPE ungokuqonda ukuba bayayisebenzisa kwaye baya kuyisebenzisa njani abafazi i-iringi ngoku kuba isaziwa ukuba ikhuselekile kwaye iyasebenza. Siyazi ukuba iikhondom zikhuselekile kwaye ziyasebenza, kodwa kunjalo uninzi lwabantu lukhetha ukungazisebenzisi okanye luzifumanisa kunzima ukuzisebenzisa. Siqonda okuninzi ukuba kutheni abantu bezisebenzisa okanye bengazisebenzisi iikhondom kwaye sifuna ukuqokelela ulwazi olubufana malunga ne-iringi. Abanye abathathi-nxaxheba bangakhetha ukungayisebenzisi iringi, kodwa bangaba negalelo kuphando ngokuxoxa ukuba yintoni eyenza ukuba i-iringi kube nzima ukuyisebenzisa okanye bangabi namnqweno kuyo. Izidingo zokhuselo lwe-HIV kunye nokhetho lomthathi-nxaxheba lungatshintsha maxesha onke.

Lilonke, sifuna umfazi ngamnye aqonde umngcipheko wakhe we-HIV, zonke iindlela zokuzikhusela kwi-HIV ezifumanekayo kuye, kwaye akhethe (i)indlela ezilungeleneyo nobomi bakhe.

Abasebenzi baka-HOPE kunye namalungu eqela lasekuhlaleni bangasebenza nabathathi-nxaxheba ukuba nceda bagqibe kwaye baqonde izinga labo lokufumana i-HIV. Sifuna ukuba abafazi bazive bekhululekile ukuzikhetha okanye ukungakhethi i-iringi, kwanokutshintsha iingqondo zabo, ngaphandle kokwahlulelwa kubasebenzi okanye abanye abathathi-nxaxheba.

Ingaba abathathi-nxaxheba abangenela u-HOPE kodwa bangakhethi i-iringi ngokwenene banayo inxaxheba abayidlalayo kuphando?

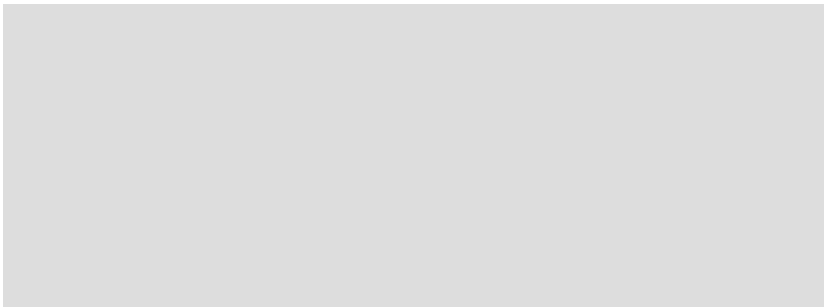
Bonke abathathi-nxaxheba abangenela u-HOPE bazisa ulwazi olubalilekiyo kuphando, nokuba bayayikhetha okanye abayikhethi i-iringi. Iingcebiso kubathathi-nxaxheba bonke ziza kusinceda siphucule ulwazi lwethu lweringi nokuba singabanceda njani abafazi basebenzise i-iringi ngokuphemeleleyo kwixa elizayo.





UKHETHO KUPHANDO LUKA- HOPE

Ukuba unemibuzo okanye ufuna ulwazi oluthe vetshe, nceda undwendwele
ikliniki yophando:



Version 1.0, Xhosa, 18Nov2016

