# **MTN Annual Meeting**

# **The HIV Prevention Landscape**

Carl W. Dieffenbach, Ph.D. Director, Division of AIDS April 22, 2009



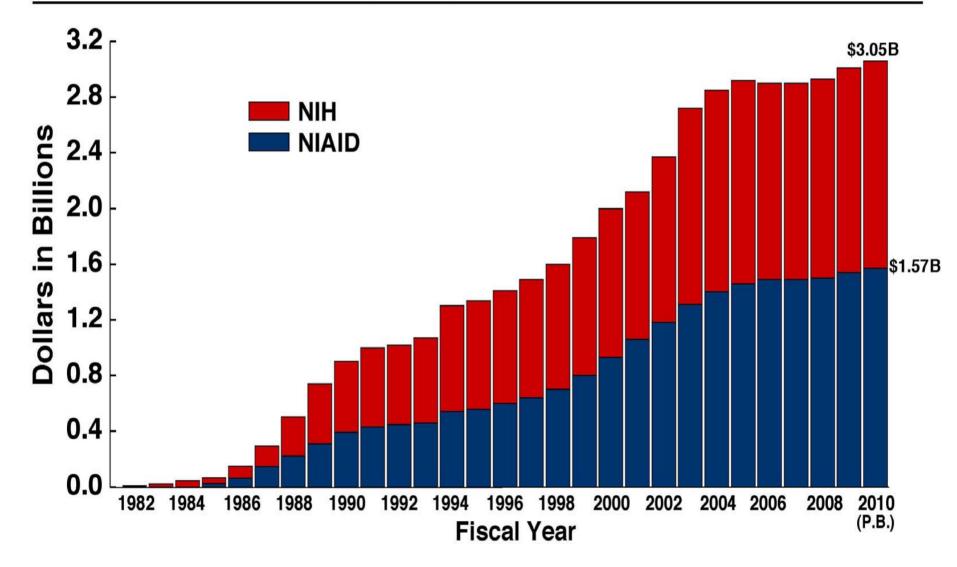
# **Vision for HIV Research**

- Foster research that unravels the fundamental processes governing host/virus interactions
- Based upon these findings, identify and test ways to:
  - prevent HIV infection
  - treat HIV disease
  - cure HIV infection

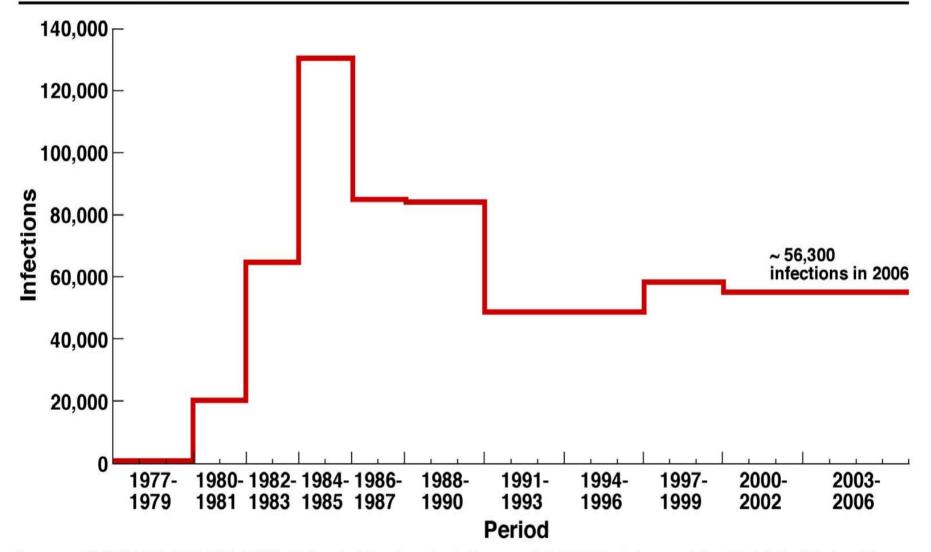
# **Current State of HIV Research**

- Shifting focus of vaccine research from development to discovery
- Several important prevention studies underway or planned (i.e., PrEP, VOICE, HPTN 052, HPTN 061, HPTN 064, HVTN 906)
- Treatment regimens continue to evolve with fewer side effects
- Untreated HIV infection appears linked to underlying pathology, premature aging, and increased morbidity
- Challenges remain due to significant budgetary constraints

### NIH and NIAID AIDS Research Funding FY 1982-2010 (PB)



#### Estimated Number of New HIV Infections Among Adults/Adolescents, USA, 1977-2006



Source: CDC/JAMA 300:520, 2008. Extended-back-calculation model, 50 US states and the District of Columbia.

# **Health Care Costs of HIV Infection**

- Each new HIV infection ultimately costs \$300,000 in health care expenses
- At 56,300 new HIV infections a year in the U.S., \$17B in health care costs added annually

Source: Medical Care 44:990-7, 2006

# **HIV Prevention Research: Guiding Principles**

- Multiple strategies needed to assemble a wellrounded "prevention toolkit."
- No one prevention strategy will be 100% effective, appropriate to or accepted by everyone.

Multiple prevention strategies must be evaluated in different populations, domestically and globally, to determine the best combinations for a given population.

# **Approaches to HIV Prevention**

- Education and behavior modification
- Condoms, and other barrier methods
- Treatment/prevention of drug/alcohol abuse
- Clean syringes (i.e. needle exchange programs)
- Interruption of mother-to-child transmission
- Circumcision
- HIV/STI Testing
- Antiretroviral treatment as prevention
- Pre-exposure prophylaxis (PrEP)
- Topical microbicides
- Vaccination

# Integration of Treatment & Prevention

- Use of antiretrovirals as microbicides
- Pre-exposure prophylaxis
- Universal voluntary testing and treatment

# Promising Results from HPTN 035

- Results of phase II/IIb study of PRO 2000 (0.5%) & BufferGel announced in February
- Both products safe
- PRO 2000: 30% effective (33% effectiveness would have been considered statistically significant)
- BufferGel: no effect on HIV transmission
- First human clinical study suggesting that a microbicide --a gel, foam or cream -- may prevent male-to-female sexual transmission of HIV infection when applied topically inside the vagina

# **Topical Microbicides: Future Directions**

#### PRO 2000

- Ongoing study of PRO 2000 (0.5%) conducted by Microbicides Development Programme; results expected by end of this year
- Rectal safety study of PRO 2000 planned

#### Tenofovir

 CAPRISA 004: phase IIB trial, 1% Tenofovir gel vs. placebo in South Africa; results will be available next year

#### Other Research Plans

- Devise more acceptable delivery methods
- Expand efforts to develop rectal microbicides
- Develop products with outstanding safety and resistance profiles
  - Explore combinations
  - Alternative microbicide strategies e.g., modulation of female reproductive tract (FRT) homeostasis
  - Vaccines and microbicides
- Evaluate novel clinical trial methodologies

#### A Role for Pre-Exposure Chemoprophylaxis of HIV Infection?

Volume 296 No. 7 August 16, 2006

#### Preexposure Prophylaxis for HIV: Unproven Promise and Potential Pitfalls

JAMA

AY Liu, RM Grant & SP Buchbinder

Volume 194 October 1, 2006

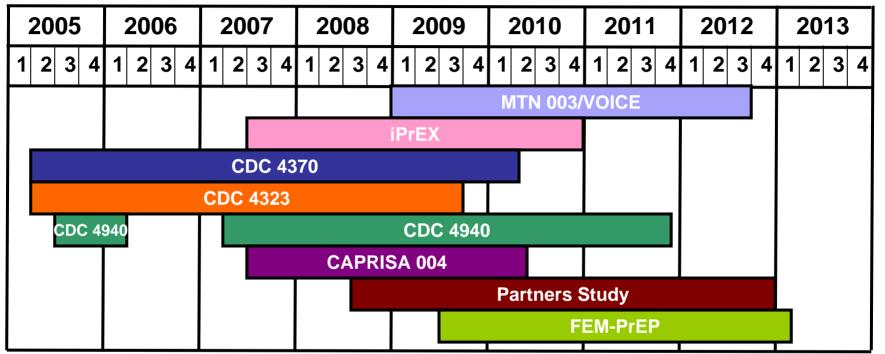
The Journal of Infectious Diseases

#### Chemoprophylaxis of HIV Infection: Moving Forward with Caution

**RM Grant & MA Wainberg** 

Will people at risk adhere? The importance of understanding behavior!

# Timeframe for Ongoing & Planned PrEP Trials



MTN 003/VOICE – Phase IIb, topical Tenofovir, oral Tenofovir, oral Truvada vs. placebo (multi-country)

iPrEX – Phase III, Truvada among MSMs in Peru, Ecuador, South Africa, Brazil, Thailand, US

CDC 4370 – Phase II/III, daily Tenofovir or placebo among IDUs in Thailand

CDC 4323 – Phase II safety study, daily Tenofovir or placebo among MSMs in US

CDC 4940 – Phase III, daily Truvada or placebo in Botswana

CAPRISA 004 – Phase III, 1% Tenofovir gel or placebo in South Africa

Partners Study – Phase III, daily Tenofovir, Truvada, or placebo in discordant heterosexual couples (Kenya and Uganda)

FEM-PrEP – Phase III, daily Truvada or placebo in high risk women (multi-country)

# **PrEP Future Directions**

- First, prove the concept
- Establish improved dosing schedules to maximize adherence
- Engage partners in operations research social marketing
- Develop and test new agents, combinations and delivery systems
  - Safe, potent, longer half-lives
  - Non-overlapping resistance profiles with existing ART
  - Improved animal models

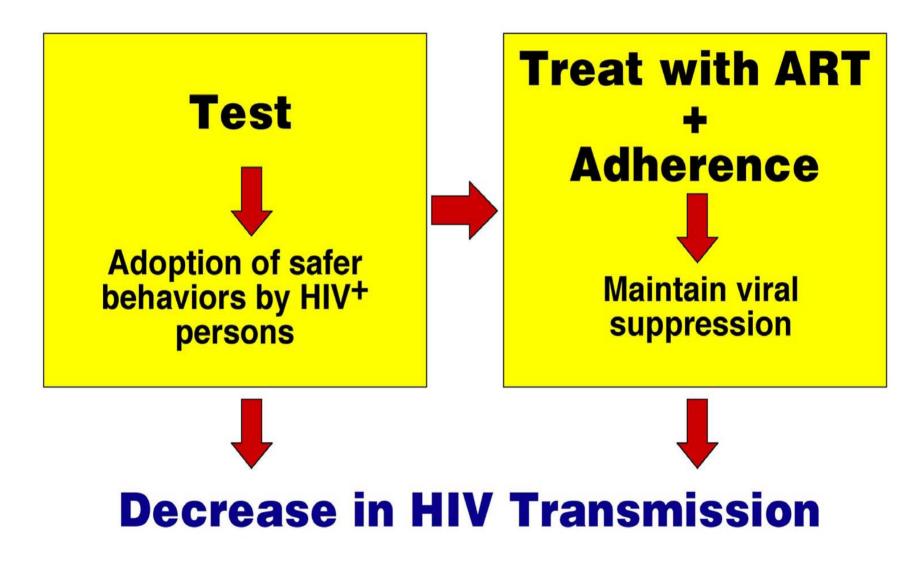
# **Voluntary "Test and Treat" Concept**



RM Granich et al.

- Model indicates that universal and annual voluntary HIV testing followed by immediate antiretroviral therapy treatment (irrespective of clinical stage or CD4 count) could reduce new HIV cases by 95% within 10 years
- Concerns: feasibility, protection of individual rights, drug resistance, toxicity, financing

# **Test and Treat Hypothesis**



Source: S. Vermund, HPTN

# Pilot the Voluntary Test and Treat Concept

- Design in progress
  - NIH working with CDC

## Goals

- To compare current community standards for testing and treating to protocol-enhanced programs
  - Opt-out testing
  - Linkage of HIV+ people to care
  - Antiretroviral therapy

# Will assess critical research questions, including cost effectiveness

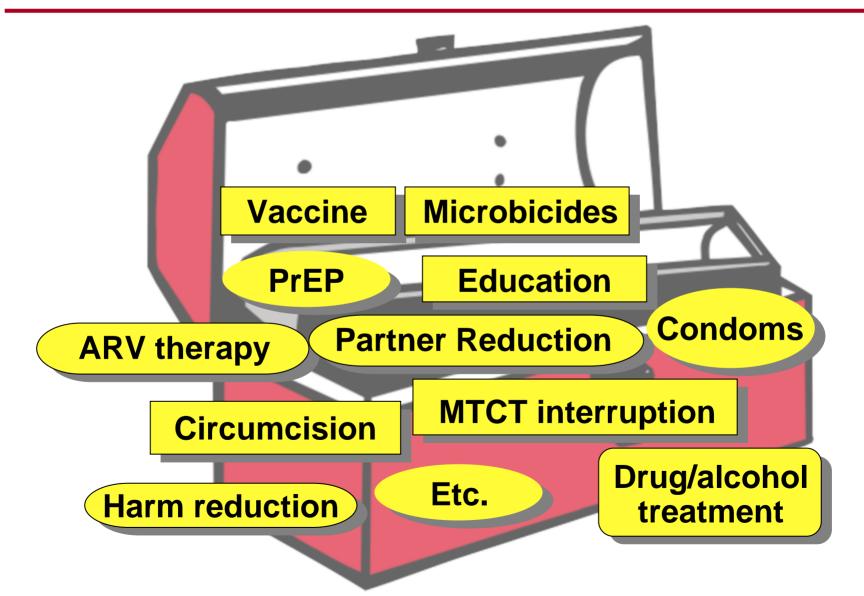
# Cost for three-year pilot in 2 cities

\$10 million per year

# **Population-Specific Prevention Research Activities in the U.S.**

- HIV Prevention Trials Network Domestic Research Agenda
- Three new pilot studies:
  - Two observational studies of women in defined geographic areas at high risk of HIV
  - Multi-faceted intervention in Black MSM
- Goal: To determine how we can best reach at- risk populations in the U.S. and tailor interventions to more effectively prevent HIV

#### A Comprehensive HIV Prevention "Toolbox"



# **Questions?**