**Participant Instructions for use of Coital Simulation Device (Dildo) and Dapivirine Gel**

1. Clinic staff will provide you with a Ziploc bag containing the following items:
   * Coital Simulation Device - Doc Johnson Naturals 6-inch Cock with Balls Dildo
   * One (1) large blue paper underpad
   * Two (2) latex-free gloves
   * One (1) individually-wrapped castile soap towelette
   * Five (5) gauze pads, 4”x4”
2. Clinic staff will also provide you with a weighing dish containing dapivirine gel.
3. Clinic staff will provide you with a gown or sheet to use during this visit. Remove your clothes below the waist and drape the gown or sheet covering around your waist.
4. Clinic staff will instruct you on the items contained in the bag, how to apply gel, what to do after you are done using the dildo.
5. Put on the latex-free gloves. Place the blue paper underpad on the exam table underneath you to catch any extra gel. Find a position on the exam table that is most comfortable to you (e.g. lying on your back with feet placed in footrests, lying on your side or squatting on the exam table). Position yourself so that any extra gel is caught by the blue paper underpad.
6. Using gloved hands/fingers, apply gel to the dildo and/or your anus in the way you would during sex.
7. Insert the dildo. Clinic staff will start the 5-minute timer.
8. Using music for pacing (if desired), you will be asked to move the dildo in and out at one cycle per second for five minutes. (In and out is one cycle.)
9. At the end of five minutes, clinic staff will ask you to:
   * Place weighing dish in the bag.
   * Place the dildo in the bag.
   * Wipe excess gel from body with the towelette and/or gauze pads. Place in the bag.
   * Remove gloves and place in the bag.
   * Remove blue paper underpad from the exam table and place in the bag.
10. Provide the clinic staff with the bag of used items.
11. You may use the bathroom if needed. If you have a bowel movement, please let the clinic staff know. Also let the staff know if you notice any gel in the toilet following your bowel movement.
12. Put clothes back on and wait for further instructions from clinic staff.