



Contraceptive counselling considerations at study closure

Dr Portia Hunidzarira

UZ-UCSF Collaborative Research
Programme

Harare

Zimbabwe

Introduction

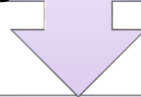
- Contraceptive use amongst Zimbabwean women is 58.5% (ZDHS 2010-2011)
- All our site clinics are in close proximity to health care facilities offering contraceptive services.
- Of the 678 enrolled participants in MTN020 the majority are on a LARC
- Planning is key as we near close-out in Jun-Aug 2015 and transition to MTN025

Contraception profile of all 3 sites as at 14 October 2014

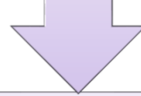
Contraception method	Participants on the method	Percentage use of method
Implants	261	39.4
Intrauterine device	188	28.4
Depo-Provera	171	25.8
Oral Contraceptive	39	5.9
Sterilization	3	0.5

Outline for contraceptive counselling at study closure

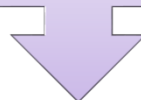
Hold group discussions with participants on study closure



Develop Site-specific contraceptive management plan



Create counselling script and train staff



Conduct counselling and implement plan

Key issues to be discussed at study closure

What have been your contraceptive experiences?

If MTN025 is to start do they plan to participate?

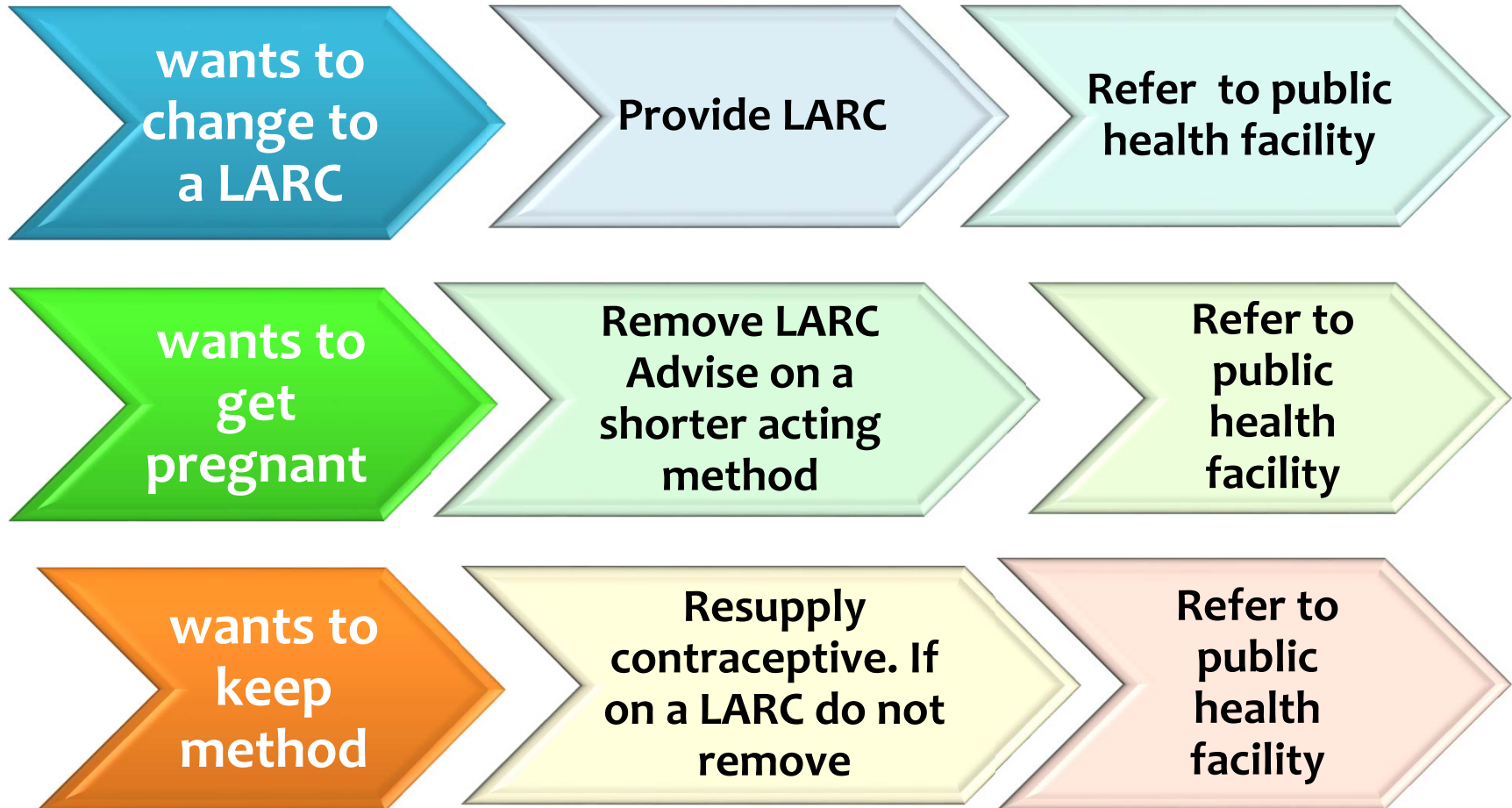
When do you plan to get pregnant?

When counselling

- Listen carefully to her contraceptive needs
- Answer questions
- Educate her on contraceptive methods and providers available to her after study closure.
- Discuss affordability and feasibility
- Guide her to make an informed choice



Contraceptive management at study closure



Summary

- A woman's individual needs with regards to contraception will direct the plan of action at study closure and the transition period to MTN025
- No one solution works for everyone but with good counseling the decision making is made simpler .

Acknowledgements

Thank you to our Participants ,Zimbabwe MTN staff and all the funders.

The Microbicide Trials Network is funded by the National Institute of Allergy and Infectious Diseases (UM1AI068633, UM1AI068615, UM1AI106707), with co-funding from the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development and the National Institute of Mental Health, all components of the U.S. National Institutes of Health.