Contraceptive Action Team: An Update

Katie Bunge, MD MPH
MTN Regional Meeting
October 30, 2013
Contraceptive Choice

- MTN trials often have contraceptive requirements to enroll
- MTN recognizes the importance of offering contraceptive choice for participants
- MTN Contraceptive Initiative developed, May 2012
Initiative’s Goal

- Assist sites to expand the method mix offered to participants
  - Four methods offered at each site
  - No single method comprising >50% of the mix
Contraceptive Action Team

- Comprised of 2-3 representatives per African MTN Site
  - Medical Officers, Nurses, Study Coordinators

- MTN Core facilitators
  - Singh, Chappell, Bunge

- Overseen by Contraceptive Action Steering Committee
  - Nakabiito, Makanani, Chirenje, Chatani-Gata, Cates, Russo, Black, Piper, Rees, White, Mofenson, Baeten, Hillier
Communication

- CAT listserv

- MTN functions
  - Regional Meeting
  - Annual Meeting

- Face to Face meeting
  - 2-3 days
  - Focus on CAT initiative
  - Opportunity to learn from one another
  - Motivating
Face to Face Meetings

- June, 2012
  - Described the current method mix at each site
  - Assessed buy-in to the initiative’s goals
  - Identified barriers and challenges to expanding mix
  - Left with Site Specific Action Plans

- January 2013
  - IUCD focus
    - Didactics
    - Shared challenges and successes

- June 2013
  - Implant focus
    - Implant demonstration, didactics
  - Community involvement
  - Started developing partnerships
    - DOH, Marie Stopes
Successes

- Staff education and motivation
- Participant education
- Community education
- IUCD provider training
- Implant provider training
- Networking
Staff Education and Motivation

- All sites have implemented staff site trainings with an emphasis on continuing education
  - Trainings since last year: one to thirteen

- CAT members make contraceptive choice a priority
  - Integrate into ASPIRE meetings
  - Review monthly stats
Participant Education

- Expanding educational tools
  - Site-developed fliers
- Peer to peer education
  - IUCD discussion group
  - Peer educators in waiting rooms
- Retention events
- Male involvement workshops
- Adherence counseling
Community Education

- More involvement with the CAB

- Community events
  - Sensitization meeting
  - Daily recruitment activities
  - Stakeholder meetings
  - Condom week
  - Pregnancy awareness workshops
  - Wellness day events
  - World AIDS vaccine day event
IUCD provider training

- ALL CTUs are able to offer OCPs, injectables, AND IUCD on site
Implant provider training

- CAT members report that site staff

![Bar chart showing the number of providers trained in 2012 and 2013. The number of providers increased significantly from 2012 to 2013.](chart.png)
Networking

- Sites are beginning to reach out to other local organizations
  - DOH
  - Local FP clinics
  - Wentworth AIDS Action Group
  - Marie Stopes
Measurable Success

- Pregnancy rate in prevention trials
  - Partners PrEP-10%
  - CAPRISA 004- 4%
  - Fem-Prep- 9%
  - VOICE 7.8%

- Pregnancy rate in ASPIRE to date-3%
Measurable Success

- **Injectables**: MTN 003 Baseline (70), MTN 020 Baseline (50), MTN 020 Follow-up (50)
- **OCPs**: MTN 003 Baseline (20), MTN 020 Baseline (10), MTN 020 Follow-up (10)
- **Implants**: MTN 003 Baseline (10), MTN 020 Baseline (10), MTN 020 Follow-up (10)
- **IUCD**: MTN 003 Baseline (0), MTN 020 Baseline (0), MTN 020 Follow-up (0)
Stars Aligned

WHO

DOH

MTN
Stars Aligned

WHO

DOH

MTN
Looking forward

- Next Face to Face meeting in February
- Integration of implant services
Acknowledgements

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