HIV Rapid Test Counseling

MTN-009
Introduction

- Rapid HIV testing and counseling will be done with all participants in MTN-009
- Ideally, HIV testing and counseling will take place on the same day of enrollment.
Introduction

• If blood is not drawn on the day of enrollment, sites have one week from the day of enrollment to complete the blood draw.

• If a repeat blood draw is required to meet protocol requirements, then the repeat blood draw must be done no later than one week after the date of enrollment.
Introduction

• Counseling should be provided:
  – in a non-judgmental client-centered manner
  – responds to current participant needs for information, education, support, skills-building, and/or referrals

• The focus of counseling should be the participant, so they feel empowered and not dejected and desperate
Effective Counseling

• Establishing rapport
• Ensuring privacy and Confidentiality
• Showing respect
• Acknowledging difficult feelings
• Listening to what the participant has to say
• Using an appropriate language level
• Using Open-ended questions
## Effective Counseling

<table>
<thead>
<tr>
<th>Includes</th>
<th>Does Not Include</th>
</tr>
</thead>
<tbody>
<tr>
<td>✷ Establishing helping relationships with participants</td>
<td>✷ Giving advice</td>
</tr>
<tr>
<td>✷ Having conversations that have a purpose</td>
<td>✷ Making decisions on behalf of participants</td>
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<tr>
<td>✷ Listening attentively to participants</td>
<td>✷ Judging participants</td>
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<tr>
<td>✷ Helping participants tell their story</td>
<td>✷ Interrogating participants</td>
</tr>
<tr>
<td>✷ Giving participants correct and appropriate information</td>
<td>✷ Blaming participants</td>
</tr>
<tr>
<td>✷ Helping participants make informed decisions</td>
<td>✷ Preaching or lecturing to participants</td>
</tr>
<tr>
<td>✷ Helping participants recognize and build on their strengths</td>
<td>✷ Making promises that cannot be kept</td>
</tr>
<tr>
<td>✷ Helping participants develop a positive attitude to life</td>
<td>✷ Imposing counselor's beliefs on participants</td>
</tr>
</tbody>
</table>
HIV Testing Algorithm

START
2 different rapid tests

+/+

Report to participant as HIV-infected.

Provide HIV test results in the context of post-test counseling

Continue testing for MTN-009
HIV Testing Algorithm

START
2 different rapid tests

STOP
Report to participant as HIV-uninfected

Provide results in the context of post-test counseling
HIV Testing Algorithm

START
2 different rapid tests

+/−

DISCORDANT
Requires additional testing. Notify network lab

Collect blood
Provide results in the context of post-test counseling

Western Blot
What counseling messages do you provide participants with discordant results?
HIV Testing Algorithm

HIV Viral Load

Western Blot

Provide results in the context of post-test counseling

Report to participant as infected.
HIV Testing Algorithm

Western Blot

− or ind

Consult network lab for follow up.

Inform participant that additional testing is needed.
What counseling messages do you provide a participant that needs additional testing to confirm her HIV status?
It's QUESTION TIME!!