What will happen if I choose the ring and report that I am not using it?
There will be no negative consequences for reporting openly about ring use, even if you report that you had challenges or chose not to use the ring at all times. The HOPE team is here to help you overcome challenges to using the ring, if that is the method of HIV prevention you choose, or to support you to change prevention methods, if you think something else would work better.

What tests will you be doing for adherence and what do these results mean?
We will collect several samples to measure adherence and better understand how the ring is working, including used rings, blood, hair, and vaginal swabs. If you choose the ring, we will share with you the results that look at how much study drug (dapivirine) was released from the ring. The purpose of collecting this information is not to question what you tell us about your own ring use or punish those who are not adherent. Our purpose in sharing the results with you is to give you a general idea of the level of HIV protection you may be getting from the ring. With these results, you will be able to make more informed decisions about how best to avoid HIV infection.

Why is it important for me to openly report about my ring use?
Without open reporting of adherence, it is difficult to understand the true protection from the ring and the potential challenges of ring use. While we can test samples and get an estimate of adherence, the most valuable information we can get about ring use is from participants themselves. Your experiences with the ring will provide important information for future introduction of the ring in the community.

What if I feel uncomfortable talking about my ring use with study staff?
During ASPIRE, not all women felt comfortable telling staff when they were not able to use the ring. We hope that removing the concern of negative consequences will help you feel comfortable to openly report your HIV prevention preferences and ring use experiences to study staff. The HOPE Team is here to support your HIV prevention choices, and our counselors and nurses are receiving extra training to help you feel supported in whatever decision you make.
If you have questions or need more information, please visit the study clinic: