This letter gives information about a research study for women.

You probably know that many people are getting sick with HIV/AIDS. Although medicines can help people with HIV/AIDS feel better and live longer, there is no cure as of today. Therefore, researchers are trying to find ways to prevent people from getting HIV.

Researchers are doing a study to test if gel inserted in the vagina, or tablets taken by mouth, may prevent women from getting HIV. The gel is called Tenofovir gel. The tablets are called Tenofovir tablets and Truvada tablets. As of today, no gels or tablets have been shown to prevent getting HIV, but researchers are trying to find products that will work.

Women will be in the research study for 1-3 years, depending on when they join. During this time, they will visit the clinic every month. At clinic visits, women will answer questions and have physical examinations and laboratory tests to check on their health, including tests for pregnancy and HIV. They also will be given counseling and condoms.

Some women in the research study will be given gel to insert in the vagina every day. Other women will be given two tablets to take by mouth every day. To properly test if the gel or tablets prevent getting HIV, it is very important that women in the study attend clinic visits and use their gel or tablets every day even if they are not having sex. Study staff will give information and counseling to help women do this.

Women in the research study must never share their gel or tablets with anyone else. This is very important for the safety of other people who are not getting health checks from the study staff.

Some women who wish to join the research study may be eligible, and some may not. Women who join the research study must be in good health. They must not be pregnant, breastfeeding, or plan to become pregnant in the next 2 years. They must agree to use reliable family planning while in the research study. They must not take part in any other research studies. This is very important for women’s health and safety.

Deciding whether to join a research study is an individual choice. If you think you may wish to join this research study, the study staff will tell you more about the study. You may ask questions to learn about the study and decide if you wish to join. You may also talk about the study with your partner and other people who are important to you. These people can come to the clinic to learn about the study with you.

Remember, it is not known if the gel or tablets being tested in this research study prevent getting HIV. To prevent getting HIV, women in the study are counseled to use condoms every time they have sex.
To learn more about the research study, you may visit the study clinic at:

You may also contact: