Contraception in MTN-020

Goals for ASPIRE
Discussion of methods used
Training needs identified
Unintended Pregnancy

- Induced and unsafe abortion
- Risks of maternal morbidity/mortality (higher in unintended/mistimed pregnancies)
- Social/personal/economic stressors of mistimed births
Key Components to Contraceptive Counseling

- Recognizing the range of options available and non-contraceptive benefits to various methods
- Understanding the risk profile/side effects of methods
- Comprehending issues around return to fertility
Goals for ASPIRE

- Provide contraception for all participants
- Expand the mix of contraception methods that are available
- Accurately document the contraceptives methods used throughout the trial
Contraceptive Method Education/Training Needs

- What methods are available at the site and in the community?
- What are common misperceptions surrounding various methods:
  - Depo-Provera
  - Oral contraceptive pills
  - Implants
  - Intra-uterine devices
Contraceptive Method Education/Training Needs

- Build education surrounding many methods to clinicians and counselors?
- Train staff?
  - Assist in counseling messages
  - Possibility of on-site training opportunities
Challenges

- What are some challenges related to contraception that sites have experienced in other studies?
  - Related to training, participant decline, availability/accessibility of methods, participant experiences, practitioner issues/hesitations, participant fears etc.
Reporting

☐ For ASPIRE, we will collect information on the hormonal medications log CRF and on the Family Planning CRF

☐ We document where she received the contraception

☐ Contraceptive use is required at enrollment, but not at follow-up

☐ Is participant report of non-use a challenge during follow-up?